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the ZANFEL ZONE

Your Information Resource for Poison Ivy, Oak and Sumac

Volume 8, Issue 2



Welcome to the Zanfel Zone! As always, Zanfel Laboratories is here to provide you with important information on plant identification, prevention, and treatment to help get you safely through poison ivy, oak, and sumac exposure season.

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[Click here](#) to order informational materials - for FREE!

Zanfel's Regional Office Has Moved

After 14 years at our previous location in Clive, Iowa, Zanfel's regional office has moved. Our new address is: 10052 Justin Dr Suite L, Urbandale, IA 50322.

We love our new office and the opportunities it presents for growth. We look forward to serving you from this location for many years to come!



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Poison Ivy Facts And Myths

MYTH 1: The blister fluid of poison ivy reactions can spread dermatitis from one part of the body to another and from one person to another.

FACT 1: The blister fluid does not contain urushiol and cannot spread the rash. Patch tests with this fluid cause no reaction.

MYTH 2: The rash of poison ivy spreads from one part of the body to another.

FACT 2: Approximately 60 minutes after exposure, the poison ivy plants' oil (urushiol) has been absorbed down into the skin, and has bonded with skin cells. Only unabsorbed urushiol can be transferred from one part of the body to another.

The rash only "seems" to spread because different areas of the body have different thicknesses of stratum corneum (the outer layer of skin) leading to different rates of absorption of the poison ivy toxin, different amounts of ultraviolet exposure (that can reduce skin white blood cell activity), and different amounts of urushiol present. Therefore, some affected areas of the body may break out up to several days later than others.

MYTH 3: Antihistamines help the rash and itching of poison ivy related contact dermatitis.

FACT 3: No study has ever demonstrated that the rash or itching of poison ivy (urushiol) contact dermatitis is affected by antihistamines. In fact, at least one study has shown that they do not help. Histamine has not been demonstrated to be an important mediator of itching in any form of dermatitis. Sedating antihistamines, however, can make patients sleepy and notice their itching less.

Follow Zanfel On Facebook



Please "have a seat" and follow us on Facebook:
<https://www.facebook.com/Zanfel/>

We'll share helpful information throughout poison ivy, oak, and sumac season. We will also have some upcoming Facebook contests that we'd love to have you participate in!

We're Here To Help!



Feeling “overwhelmed” by poison ivy?

Please contact us if you have questions about Zanfel Poison Ivy, Oak & Sumac Wash, or about poison ivy in general.

If you or a family member break out with a poison ivy rash, Zanfel can be found in the first aid section of most pharmacies.

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